



Lynx Links

February

Calendar-at-a-Glance

Feb 3-8 MCT Production

Feb 11— Feb 27

EAST Spring Session

Feb 10— No School

Professional Development

Feb 17—No School

President's Day

Feb 19—PTA Meeting

Lunchtime meeting 11:50 in

Rm. 152

Feb 24-28 Lost & Found

Display

EAST classes start February 11th. Families should receive an email with their student's EAST class information on or before Feb. 6th. Please help remind kids to go directly to their EAST class after school. Also, please be respectful of our amazing volunteers by promptly picking up your kids when the EAST class is finished. Many thanks to the amazing volunteer instructors, assistants, donors and the PTA who make EAST possible!

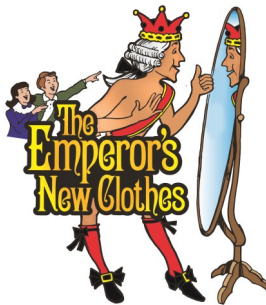


The Missoula Children's Theater and Lewis and Clark students present:

"The Emperor's New Clothes"

Saturday, February 8th!

Shows at 2:30 and 5:00 in the Gym



Come supports our cast of performers!

Donations accepted at the door go toward student scholarships to participate in MCT.

Around the World Cultural Night!

Many thanks to our Lewis and Clark global families who taught us about their cultures and traditions from around the world:

Argentina—Mara Reynoso and family

Egypt— Adam Abdelwahab and family

Hungary— Joby and Marci Palmer and family

India— Mandeep and Simarpreet Sangha and family

Native American/Mexico— Esha Redner-Vera and family

Norway—Aiden Ness and family

Pakistan—Umaiza Mirani and family

Taiwan—Serina and Jasmine Mou and family

We also enjoyed learning rhythm and dance movement from **Spain** and the **Caribbean** thanks to Spark

Artists Heather Adams and Jennifer Corbin!

Cheers to the Sentinel High School Student Government students, Loni Koerner, & Lewis Yellowrobe who served as our customs agents to greet and stamp passports. Mrs. Shattuck was our amazing travel director! It was a great night of food, fun and learning!



Egypt!



Pakistan!

Upcycled Love!

Mrs. Meurer's Class is continuing their idea from last year and celebrating Valentine's Day with healthy, zero-waste ideas! They talked about the amount of candy and tiny plastic toys that can often turn up in class parties. They read a book about the origin and spirit of Valentine's Day, and decided instead to celebrate with some of the following ideas: make Valentine's cards for kids at the Watson's Children's Shelter and Dana Farber Cancer Clinic from upcycled materials, pick up litter around the school and neighborhood, and enjoy a healthy treat and give compliments to the kids in their class. They are really looking forward to sharing the love this year! We hope you might choose to upcycle some love, too!



A variety of Valentine's Day Cards

are now available in the Family Resource Center (SE corner of the gym). If you need assistance providing these to your child(ren) this year, get in touch with Tracey or Lisa in the FRC—327-6949 or frclewis@mcps.k12.mt.us. They will be sure your child gets a chance to pick out a box of Valentine's Day cards.



MCPS Lifelong Learning Center Workshops

Register online through The Lifelong Learning Center: missoulaclass.com
For specific questions about classes, call 406.721.7690.

Upcoming MCPS Family Education Workshops (all 6-8 pm, Free Childcare Provided):

February 12th: Kids- Managing Emotions—Lowell Elem

March 30th: Bullying, Peer Pressure, & the Internet—Lewis and Clark

April 7th: Elementary to Middle School Transitions—Russell Elem

April 9th: Kindness, Compassion, and Self- Esteem—Franklin Elem

Morning Movement: Get moving on Tuesday, Wednesday and Thursday mornings through March 12.

CREATIVE MOVEMENT

Wednesdays

Thru March 11th

8:00-8:25 AM in the GYM



YOGA/MINDFULNESS

Thursdays

Thru March 12th

8:00-8:25 AM in Room 152

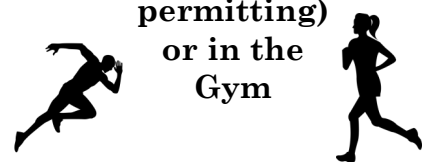


RUNNING CLUB

Fridays

Thru March 6th

8:00-8:25 AM on the
PLAYGROUND (weather
permitting)
or in the
Gym



Counselor's Corner: A Note from Ms. Myers

Things We Should Say More Often

In February our school takes time to focus on empathy and kindness. There is always room for more kindness! What can you add to this list?

I believe in you.

Do you need some help?

Here's a coffee, just because.

I enjoy being with you.

Thank you.

You can do it!

If you or someone you know is struggling, please reach out for help:

Montana Suicide Prevention Lifeline—1-800-273-TALK (8255)
Crisis Text Line (Free for people in crisis) - Text "MT" to 741-741

In a crisis, always dial 911 or go to a hospital emergency room;
St. Patrick's Hospital—500 W. Broadway Street—(406) 543-7271
Community Medical Center—2827 Fort Missoula Road—(406) 728-4100

First Call for Help—Montana 211

Dial: 211

Hours: 24 hours/7 days a week

Western Montana Mental Health Center

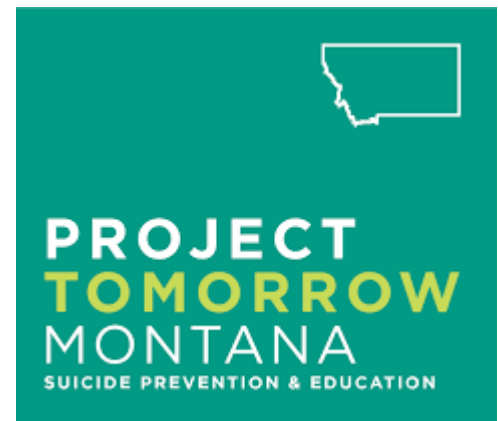
(406) 532-9710 or toll free 1-888-820-0083

Hours: 24 Hour crisis line

Providence Urgent Mental Health Clinic

(406) 327-3034

Hours: Mon-Fri 8:30am-5:00pm



If you are in need of mental health support for your student the Youth Crisis Diversion Project helps identify your student's needs and connect you to resources. They can also provide short term counseling for free.

<http://www.missoulayouthcrisis.org/>

Lewis and Clark families thank you SO much for the items donated to the Super Bowl Food Drive.



Feeding the
Community

The winner of the food drive was **San Francisco 49ers!!!**

The Kansas City Chiefs collected **384** items.

The San Francisco 49ers collected **440** items.



The Food Bank will be weighing the food this week. We will keep you posted with the total amount donated.

From the Principal's Office:

Hello Lewis and Clark Families!

February is here and full of fun! The Missoula Children's Theater will be here the first week with *The Emperor's New Clothes*. The performances will be on February 8th at 2:30 and 5:00. We do not have school on February 10th for a teacher professional development day and February 17th for Presidents' Day.

As some of you heard, Missoula County Public Schools are engaging in a process to revise our mission/vision and strategic plan. The public is welcome to join! The next meeting is February 25th at 6:00 at the Business Building.

Take care,

Amy Shattuck

Principal

avshattuck@mcps.k12.mt.us

(406)728-2400 ext. 4350

Inquiry Corner with Kari Henderson

Agency and the learning community



The learning community recognizes that agency and self-efficacy are fundamental to learning. A learning community that supports agency offers opportunities for students to develop important skills and dispositions, such as critical and creative thinking, perseverance, independence and confidence. These are vital to the learning process and the development of self-efficacy. The learning community further offers students multiple opportunities to experience the impact of their choices and opinions, which support their evolving perceptions of their identity. In return, students with a stronger sense of self-efficacy bring a stronger sense of agency to the learning community.

*From principles into practice- The Enhanced PYP-ibo.org



The International Baccalaureate Primary Years Program has gone through an extensive review of its practices and has released a new document titled *From principles into practice*. Staff members at Lewis and Clark Elementary are currently working to develop our understanding and implementation of some new components including learner agency.

L&C 90's HOP



Save the Date!! Friday, April 17th

Lewis & Clark's annual Sock Hop fundraiser will be held on **Friday, April 17th** this year! This year's theme is the 90's! Clear your calendars and check out the fun -- games, dancing, food, raffles & silent auction! Contact The Hop Chair, Lindsay Guttermuth, if you want to help Guttermuth@gmail.com

Do YOU have a donation for the Silent Auction?

- Have a service you provide?
- Tickets you won't use?
- A rental you could donate for a weekend?

Contact L&C Silent Auction lead for the Hop, Jess Coulter at jess.c.coulter@gmail.com with your idea/donation!



SAVE THE DATE!

Peace Choir Concert/Fundraiser for Animeals and the Humane Society

March 4th—6:30 PM - Lewis and Clark Gym



****\$5/person suggested donation (\$20 for families over 5)**

Donations of dog/cat food and kitty litter would also be appreciated.

The Peace Choir is busy practicing "animal songs" to perform at a concert to raise funds for Animeals and the Humane Society. Some of the selections include "Rockin' Robin", "Oh I Wanna be a Dog", "The Cat Came Back", "This Little Piggy", and an original piece: "Dirty Dog, Double Rainbow" by our very own Mrs. Morrison!

Please join us for this important event!



****All proceeds will be divided equally between Animeals and the Humane Society**

Spelling Bee!



Fourteen 5th graders competed in the Lewis and Clark spelling bee on January 31st. **Delaney Lochridge** placed first with **Cedar Schleicher** the alternate. Delaney will be our Lewis and Clark representative to the Missoula County Spelling Bee on February 27th at Sentinel High school. We congratulate Delaney, as well as, all the participants in the bee. All around good sportsmanship was exhibited! Way to go fifth grade!

Family Resource Center February Wish List

Boys and Girls Snow boots: big sizes—
5, 6, 7, 8

Girls' Long Sleeve Shirts—sizes 6-14

Snowpants: sizes 10/12, 14/16

Granola Bars and Healthy Snacks!!

Family Resource Specialists

Tracey Cravy and Lisa Hayhurst
frclewis@mcps.k12.mt.us Hours:
M,W,F 8:30-3:15 / T,TH 8:30-1:30

The FRC says...



Cheers to Joan Garrett and family for donating Healthy Snacks!

Thanks to Hosanna Tabor for helping with Lost and Found!

Cheers to the Tawney family for the donation of boots and cold weather gear!

Thanks to Addis Roche for donating the shoes she outgrew!

Thanks to our other anonymous donors who gave boots and shoes to help keep kids' feet warm and dry!

We appreciate your generosity that benefits L& C students and families!

Free Clothes!

Bethel Community Church offers a free clothes closet **every Tuesday, 10 am-1 pm**. Clothes for the whole family— whatever you need—**FREE!**

Tuesday, February 18th, the Clothes Closet will be open 10 am to 6 pm

You are also welcome to donate clothes/bedding for the clothes closet. Bethel Community Church is located at **1601 South 6th Street West**.

Lost and Found

Displayed February 24-28

Lost & Found is purged monthly. Items will be displayed for owners to collect on tables near outside the gym. Unclaimed items will be donated to Bethel Church Clothes Closet or become part of the FRC inventory. **Please label your child's belongings!** Items with legible names are returned to students. Be sure to check both L&F bins if you have a missing item.



PTA Officers 2019-2020 School Year

Co-president - Lorie Lochridge lewisandclark.pta.missoula@gmail.com

Co-president - Alissa Schumacher lewisandclark.pta.missoula@gmail.com

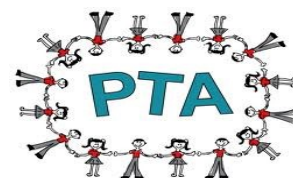
Co-Vice-President—Jeff Lamson lewisandclark.pta.vp@gmail.com

Co-Vice President—Kamra Kolendich lewisandclark.pta.vp@gmail.com

Treasurer—Emily Mackenroth lewisandclarkptatreasurer@gmail.com

Secretary—Keri McHugh lewisandclarksecretary@gmail.com

Teacher Liaison—Lesile Ferrell lferrell@mcps.k12.mt.us



The next Lewis and Clark PTA meeting is **Tuesday, February 18th at lunchtime - 11:50-12:30** in **RM 152**. **Everyone is welcome!**

Physical Education Update from Mrs. Kees— Health Enhancement Teacher



Why it is important to wear PE shoes?

Safety: At Lewis and Clark Elementary, our first school rule is to ALWAYS "Be Safe". In Physical Education class, we have to highly stress the importance of safety due to the nature of our curriculum. Proper footwear is essential for safety during any and all types of physical activity. In PE we incorporate a large number of activities with forward and lateral movements so the proper footwear is essential. Slick soled shoes present a threat to not only the person wearing them but their classmates as well. It only takes one person slipping and falling to cause an avalanche of accidents when we are moving about.

Skill Development: Proper shoes is an essential component for ease of movement and skill development. Movement and skills are a part of every PE lesson and students want to give their best effort.

Gym Care: Our teachers, students and community members are very lucky to have a wonderful facility. The last thing anyone would want to see is our gym floor get scuffed by hard soled shoes. Wear and tear will come with age and use, however, if we can prevent any unnecessary damage by taking the proper steps, such as wearing correct tennis shoes, we can prolong the surface in the gym.

Best Ways to remember PE shoes: Leave a clean pair at school, Check "Rotating Special's Schedule" on website, PE is every 3 days and always follows Music (except for Kindergarten which is on a 4 day rotation), or check classroom calendar.



FRC is able to help If providing PE shoes for your child is a hardship, please contact the Family Resource Center at 728-2400X4355

Thank you! Kim Kees—Health Enhancement Teacher—Lewis & Clark Elementary

Join the Indian Education Department Sunday FunDays



When: Sundays,

February 23rd and March 1st

1:00—3:00 pm

Where: CS Porter Middle School

Thank you for donating to the **Be Buck** store!



The Be Buck Store is part of our school-wide positive expectation system. Students can cash in their Be Bucks for prizes, ranging from 5-30.



You can bring in donations to help support the store! Examples of items to donate include: notebooks, pencils or other school/art supplies; gently used toys or stuffed animals; trinkets or keychains.

You can drop off donations to Linsey Myers in the School Counseling Office.

Thanks for cleaning out your closets and supporting the Be Buck Store!



From the Music Room:

First and Second Grade Music Plays are coming!!

Mark your calendar for the premier of

"The Little Old Woman Who Hated Housework"

Tuesday February 18

Bond – 9:15am

Griffin – 10:05am

Langella- 12:50pm

Thursday February 20

Aldrich – 9:15am

Henderson/Vanek – 10:05am

Wednesday February 19

Meurer – 9:15am

Sharkey – 10:05am

Greil- 12:50pm



A few friendly reminders about lice!

Since head lice is not uncommon in school age children, the district wants to remind parents of resources and the school procedures which are located on the district website under student services then health services. You may also contact the Family Resource Centers or the school nurse for written information or resources.

Remember that:

- People usually don't have symptoms of having head lice for several weeks after becoming infested. A common symptom is itching which is also common with dandruff and dry skin.
- People get head lice from other infested people mostly when they have head to head contact as head lice do not fly, swim or jump.
- It's easier to treat head lice when found "early" so checking hair for head lice at home is important for any symptoms or even periodically. Get into the habit of checking your child four times a year; winter, spring, summer. and fall!



HOW TO EARN

BOX TOPS MAKES IT EASY.

No more clipping. All you need is your phone. Download the ALL-NEW Box Tops app, shop as you normally would, then simply scan your store receipts to find participating products. The app will automatically credit L&C's Box Tops earnings online.

Twice a year, Lewis & Clark school will receive a check and can use that cash to buy whatever it needs!

BOX TOPS CLIPS ON PACKAGES

You can still clip them and send them to school. Physical Box Top clips are being phased out of production, but may continue to be found on many products throughout the store. Send in your clipped Box Tops, along with any unexpired clips you may have at home.

